

Seminars & Workshops - Adults 55+ Winter 2025



Be sure to pre-register for any of the following seminars & workshops at newmarket.perfectmind.com

Miluzzi Family Hearing: Hearing Loss

📍 Newmarket Seniors' Meeting Place
(474 Davis Drive)

📅 Tuesday, January 14, 2025

🕒 10 to 11:30 a.m.

Free admission. Pre-registration required.

Registration Code: 52433

We are Miluzzi Family Hearing, providing free information sessions and presentations to raise awareness of the prevalence of hearing loss or damage, how it affects one's quality of life and how their work history may have impacted their hearing abilities.

The Renoir – Social Connection and Healthy Aging

📍 Newmarket Seniors' Meeting Place
(474 Davis Drive)

📅 Tuesday, January 21, 2025

🕒 10 to 11:30 a.m.

Free admission. Pre-registration required.

Registration Code: 53030

Pixel Project Part 5: Digitizing Memories Workshop Series Part 5: How to use a document Scanner

📍 Newmarket Seniors' Meeting Place
(474 Davis Drive)

📅 Tuesday, February 18, 2025

🕒 10 to 11:30 a.m.

Free admission. Pre-registration required.

Registration Code: 44959

RBC: Will & Estate Planning

📍 Newmarket Seniors' Meeting Place
(474 Davis Drive)

📅 Tuesday, February 4, 2025

🕒 10 to 11 a.m.

Registration Code: 51747

📅 Wednesday, March 5, 2025

🕒 10 to 11 a.m.

Registration Code: 51748

📅 Wednesday, March 5, 2025

🕒 10 to 11 a.m.

Registration Code: 51749

Free admission. Pre-registration required.

52% of Canadians say they do not have a will. Many assume it is too costly or don't know where to begin. Our estate planning seminar addresses these common concerns, providing clear practical steps to help seniors start planning with confidence. This seminar allows participants to learn about wills, trusts, tax-savings strategies and more - empowering people to protect their assets and ensure their wishes are honoured for the future.

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Winter 2025



Be sure to pre-register for any of the following seminars & workshops at newmarket.perfectmind.com

Routes: Traumatic Incident Response Protocol

 **Newmarket Seniors' Meeting Place**
(474 Davis Drive)

 **Tuesday, February 11, 2025**

 **10 to 11:30 a.m.**

Free admission. Pre-registration required.

Registration Code: 52060

After a traumatic event, the TIRP team helps the community by providing resources, support, and information, and identifying the needs and concerns of community members. Join us to learn more about this program.

Eira Medical: Urological Health

 **Newmarket Seniors' Meeting Place**
(474 Davis Drive)

 **Tuesday, March 11, 2025**

 **10 to 11:30 a.m.**

Free admission. Pre-registration required.

Registration Code: 50160

Join Dr. Alaina Garbens and Dr. Sarah Peltz of Eira Medical to discuss topic on urological health. Learn about the importance of treating urinary incontinence and prolapse, the different types of incontinence that can occur and what the pelvic floor does for women.

Stay in the know!
For events, workshops,
seminars and bus trips visit
newmarket.ca/adults55+