## Seniors Information Fair & Open House



Newmarket Seniors' Meeting Place (474 Davis Drive)
Wednesday April 2, 2025 | 10 a.m. to 2 p.m.
Free Admission

Come out for an exciting day that promotes and celebrates a healthy active & informed life for older adults. There will be plenty to see and do at this year's event. Be sure to stroll through the 40+ vendor tradeshow area and attend any of our informative presentations including:

- Service Canada Programs and Services for Seniors
- Brain Health with Memories and Home Health Care
- Don't just spring clean, spring clear!
   With Downsizing Diva
- Hear Canada Hearing Loss & treatments
- Qualicare

- March of Dimes Afterstroke Program
- Amica Senior Lifestyles -Retirement Jeopardy
- Age-Friendly Consulting: You are not alone, Older Adults Knowledge Sharing
- Avoid Probate
- Yellow Brick House: Understanding Older Adult Abuse

The Wood Shop and Craft Room will be open for tours and questions. Guests can also play pool, billiards or darts in the games room. The lounge will also be available for you to simply relax and enjoy a cup of coffee or plan to borrow a book or puzzle through our free lending library. Tours will also be available for anyone curious about what the Seniors' Meeting Place has to offer.

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